



CLASS TIMETABLE

SEPTEMBER 2021 TO AUGUST 2022

MAIN STREET LOCATION · 416-699-5078 · desantosmain@desantos.ca
 BROADVIEW LOCATION · 416-465-9696 · 603desantos@desantos.ca



(A) CLASSES Self-protection, sparring drills, kickboxing **(B) CLASSES** Forms, kicking techniques, weapons

	MONDAY (A)	TUESDAY (A)	WEDNESDAY (B)	THURSDAY (B)	FRIDAY	SATURDAY (B)
TINY CHAMPS & LITTLE CHAMPS BASIC 30 minutes · Ages 3-7	5:15 – 5:45 PM	6:05 – 6:35 PM Online class available	5:15 – 5:45 PM	6:05 – 6:35 PM Online class available		10:05 – 10:35 AM
LITTLE CHAMPS BBT 45 minutes · Ages 5-7	5:15 – 6:00 PM	6:05 – 6:55 PM Online class available	5:15 – 6:00 PM	6:05 – 6:55 PM Online class available		10:05 – 10:55 AM
YOUTH White to Red w/Black Stripe	6:05 – 6:55 PM	5:15 – 6:00 PM Online class available	6:05 – 6:55 PM	5:15 – 6:00 PM Online class available		9:00 – 10:00 AM
TEEN & ADULT Purple to Green w/Black Stripe	7:00 – 8:00 PM	7:00 – 8:00 PM Online class available	7:00 – 8:00 PM	7:00 – 8:00 PM Online class available		9:00 – 10:00 AM
BLACK BELTS	7:00 – 8:30 PM	7:00 – 8:30 PM Online class available	7:00 – 8:30 PM	7:00 – 8:30 PM Online class available		9:00 – 10:00 AM
BLACK BELT CANDIDATES						6:45 – 8:15 AM Main Street location
TOURNAMENT TEAM						6:00 – 8:00 AM Main Street location
DEMO TEAM					5:00 – 6:00 PM Main Street location	
LEADERSHIP TEAM					6:00 – 7:00 PM Main Street location	

ALL CLASSES DURING COVID-19 PROTOCOLS REQUIRE REGISTRATION

Please pre-screen before you leave home. If you are experiencing any symptoms at all, please stay home.

Check your email for [details on how to register](#) for and check-in for classes via the Zen Planner portal ([iPhone](#) & [Android](#) & [web](#)).